



10 SAMPLE CARDS FOR HOW GAME ARE YOU?™ – COUPLES INTIMACY EDITION

Following are the example cards with a mixture of type and chilli grades. We welcome your feedback and even card questions if you have suggestions.

The aim of the game is to stimulate 'Real Life Conversations' in a fun and less daunting way.

We also have more information, tips and launch date details coming on our **Facebook** and **Instagram** pages so feel free to head over there and Like or Follow us.

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QUESTION and ANSWER

How often do you say 'I love you' to your partner?

According to a UK survey, 2-5-year relationships were the sweet spot where more than half of people say 'I love you' every day to their partner. This dropped to 33% for 10 year relationships and 18% for over 50 years. (35)

HINTS:

3 places for everyday, 2 places for at least weekly, 1 place for monthly, 0 for 'not very often'.

SCORE:

QUESTION and ANSWER

Explain a great memory we've shared together .. just the 2 of us with no one else.

SCORE: 2 places for a reasonable and detailed answer, 1 place for a short reply.

QUESTION and ANSWER

Name 4 erogenous zones of the body either male or female?

Female - nipple, clitoris, outer labia. Male - penis, scrotum, perineum. Both genders - Neck nape, inner thighs, behind knees, ears, wrists, lips.

HINTS:

SCORE: 1 place for each reasonable answer to a maximum of 4 places.

TRUE or FALSE

A university study found 'couples that spent more time cuddling after sex, reported much higher levels of sexual and overall relationship satisfaction'?

ANSWER: True.

SCORE: True - 2 places forward.

QUESTION and ANSWER

Are there any areas our communication could be better, and what actions could be taken to improve this?

Be more vulnerable, we give each other more space to talk and gather thoughts, we see a counselor, go to a couples retreat, individually write down questions we'd like to ask and take turns to read and answer.

HINTS:

SCORE: 2 places for a reasonable/detailed answer, 1 place for a short reply.

QUESTION and ANSWER

What is something personal that you would like to do before you die?

SCORE: 2 places for a reasonable and detailed answer, 1 place for a short reply.

QUESTION and ANSWER

What do you think we could be doing much better in our relationship?

SCORE: 3 places for a reasonable and detailed answer, 1 place for a short reply.

QUESTION and ANSWER

What do you think about the frequency and variety of sex that we have?

SCORE:
2 places for a detailed answer, 1 place for a few words, otherwise 0.

QUESTION and ANSWER

Would you discuss your sexual fantasies with your partner? If not, why not?

SCORE:
1 place for a truthful Yes or No. 2 extra places for describing one or more of your fantasies, or explaining why you don't think it's right to share. There is no right or wrong here.

QUESTION and ANSWER

Do you occasionally enquire with your partner how you could be a better lover to them?

SCORE:
2 places for a Yes, 1 for saying you have done it but not for a long time or 0 for a No.

The **Perform or Pamper** cards are chosen by the game round winner. They select one for themselves and also choose one for the other player.

PERFORM or PAMPER

'Two scents worth'

Incorporate subtle smells from bath oils, a burner, moisturiser, perfume or quality aroma sprays to change the mood, build desire and sensualise the olfactories.

You must complete the task in 14 days OR you have to Pamper the other player in whatever reasonable way they want.

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PERFORM or PAMPER

'Appreciation time'

Make some quality time to talk about what your partner does that you really enjoy, how appreciative you are, what you like doing to them. Finish with a hug, or more?

You must complete the task in 14 days OR you have to Pamper the other player in whatever reasonable way they want.

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PERFORM or PAMPER

'Candlelit'

Choose a night for sexy fun and add candle light for pre-dinner drinks, on the dinner table, in the bedroom, everywhere you can to set the mood.

You must complete the task in 14 days OR you have to Pamper the other player in whatever reasonable way they want.

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